



## UP & DOWNERS BUSHWALKING CLUB

# UP & DOWNERS BUSHWALKING CLUB INC ACTIVITIES GUIDE

July to December 2020

Issued July 5th

***This is a guide only. Latest walks information is on our website. YOU MUST ADD YOUR NAME TO THE WEBSITE if you are attending. All other inquiries / or new walkers, ADVISE THE CONTACT PERSON(S) DIRECTLY BY PHONE OR E-MAIL. Walks finish approx 3/3.30pm. Weekly updates can be accessed at [www.updownbwg.com.au](http://www.updownbwg.com.au) Meeting time is 8.30am unless otherwise advised.***

Date	Walk	Km	Meeting Place	Contact
Jul 18	Blue Mts NP: Blue Mountains National Park. Glenbrook to Red hand Cave to Jellybean Pool and return. 200m ascent. Forests, creeks, heritage and maybe a crayfish or two? Medium.	12-14	Car park next to Glenbrook Visitors Centre off Great Western Hwy.	Michael
Jul 25	Royal NP: Curra Moor Circuit with return side trip extension to Wattamolla. Medium.	13-15	Curra Moors Trackhead, Sir Bertram Stevens Drive.	Julie and Garry
Aug 1	Kuring-gai Chase NP: Smiths Creek Loop. 180m descent and 150m ascent. Harder side of Medium.	7-9	North end of Booligal Rd, Terry Hills.	Peter
Aug 8	Parramatta Area: Beginning of the Great West Walk. Toongabbie Creek, The Quarry Branch-Darling Mills Creek loop, and Lake Parramatta. Made track and some street walking. Flat but quite long. Medium	18-20	Fennell St near corner of Fleet St.	Justin and Wendy
Aug 15	Social Weekend	0-20	At the accommodation.	Social Secretary
Aug 22	Kuring-gai Chase NP: Mt Kuring-gai to Berowa	9-11	Opp Mt Kuring-gai Station.	Eva
Aug 29	Blue Mts NP: Hazelbrook Waterfall Circuit: Magnificent waterfalls and forest, some rock hopping and creek crossings, some road walking at start and end but a beautiful walk overall. Medium.	12-14	Hazelbrook Station carpark.	David and Val
Sep 5	Brisbane Waters NP: Staples Lookout – Kariong Brook – Mt. Wondabyne – Staples L/O. Two scenic gems, one moderate ascent to Mt Wondabyne but otherwise on the easy end of Medium.	12-13	Staples Lookout: leave F3 at Gosford/ Woy Woy exist. Turn right at Kariong-Woy Woy Road and travel 5kms to lookout on left.	Garry and Julie
Sep 12	Sydney Harbour: Kirribilli to Balmoral. A section and a half of the Bondi to Manly Walk. Those who opt to skip Middle Head it's 17k's Medium.	17-20	Bradfield Park, Kirribilli - close to the harbour where Broughton Street joins Olympic Drive.	Scott
Sept 19	Kuring-gai Chase NP: Cowan to Taffy's Rock and return. Nice forest and views of Cowan waters. Two ascents over 300m. Harder side of medium	18	Cowan Station Carpark, Old Pacific Highway	Jenny
Sep 26	Dharug NP: Devine's Hill and Finch's Line (or vice versa depending on the leader's mood on the day!). Partly on the Great North Walk. Engineering excellence and history with good forest and views thrown in. Medium	13-15	Car park behind kiosk at Wiseman's Ferry Park, just before ferry.	David and Val

Date	Walk	Km	Meeting Place	Contact
Oct 3	<b>LONG WEEKEND – NO WALK PLANNED AT THIS STAGE</b>			
Oct 10	Nattai NP: This classic walk is mostly on rocky outcrops and ridges across Wanganderry Tableland to Bonnum Pic where there are views north to Lake Burragorang. Some trackless sections, some exposed rock ledges. Medium to Hard.	14-16	Mittagong Visitors Centre car park to consolidate into minimum number of cars (can be gates to open/close on way in and out!)	Justin and Wendy
Oct 17	Blue Mts NP: Down Nellies Glen to Six Foot Track and a visit to "the movie set" then return up Devil's Hole. Overall about 400m descent and ascent, some of it steep. On the hard side of Medium. <i>Easier option to be offered on website at the time.</i>	12-15	Devils Hole trackhead, Cliff Drive, Katoomba.	Michael
Oct 24	Sydney Harbour: Balmoral to Manly Wharf. Another stage of the Bondi to Manly Walk. Medium.	11-13	The beach side of The Esplanade opposite Raglan St.	Scott
Oct 31	Blue Mts NP: Mt Hay Rd to Lockleys Pylon (and maybe du Fours Head) and return. Then Fortress Ridge Track to Darks Cave and return. Fantastic views of the Grose Valley. Medium.	11-13	Leura Public School, Mt Hay Rd. Car pool to start of walk.	Garry and Julie
Nov 7	Heathcote NP: Heathcote to Waterfall via Gunners Pool, Myuna Pool, Bullawaring Track, Kingfisher Pool, Bondell Pool with possible additional loop around Lake Toolooma. Beautiful forest and heath vegetation and creek vistas. Some moderate ascents and descents along the way. Medium.	11-15	End of Warabin Street, Waterfall. Car shuffle to start of walk near Boundary Road and Freeman Road, Heathcote.	David and Val
Nov 14	Blue Mountains NP: Erskine Creek via Pisgah Rock & Jack Evans Track. Great forest variety and stunning creek views. A 200m very rocky & steep descent plus off track walking along Erskine Creek. 200m ascent is more gradual. Not long, but in the Hard category.	9-11	Car park next to Visitors Centre at Glenbrook.	Justin and Wendy
Nov 21	Lane Cove NP stroll from North Epping to North Ryde. Devlins Creek Trail, Lane Cove Valley Walk, Riverside Walk, Plassey Road to North Ryde Metro Station. Return to Epping via Metro and walk to cars. Mostly flat but medium due to length.	15-17	Corner of Derby and Somerset Sts, North Epping <b>Bring Opal for return journey from North Ryde Metro Station</b>	Julie and Garry
Nov 28	Royal NP: Bundeena to Jibbon Head to Little Marley and return: views, swims. Easy.	9-11	Loftus Street, Bundeena near Eric Street.	Michael
Dec 5	Sydney Harbour: Manly Wharf to Manly Beach (via North Head loop). Medium	10-12	Grassed park on eastern side of Manly Ferry Wharf. ??	Scott
Dec 6	<b>SUNDAY, December 6</b> <b>Christmas Party at Fagan Park, Galston</b> <b>Mark the date in your diary NOW – more details to follow</b>			
Dec 12	<i>May well be a walk if there is enough interest</i>			

## CONTACT DETAILS

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