



**UP & DOWNERS
BUSHWALKING CLUB**

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BUSHWALKING CLUB INC
ACTIVITIES GUIDE**

July to Dec 2021

Issue 1: 30 June 2021

This is a guide only. YOU MUST ADVISE THE CONTACT PERSON(S) DIRECTLY BY PHONE OR E-MAIL if you are attending or for more details. Walks finish approx 3/3.30pm. Weekly updates can be accessed at www.updownbwg.com.au Meeting time is 8.30am unless otherwise advised.

NB: Please check website each week. An easier option for the harder walks may be scheduled depending on leader availability.

Date	Walk	Km	Meeting Place	Contact
17 July	RNP: Garrawarra Farm to Wattamolla- Era Beaches, Little Garie and Garie Beaches, cliffs, Eagle Rock, Curracurrang Pool and waterfall, and hopefully WHALES.	10km Med	Wattamolla Car Park. Car shuffle to start	Dave & Val
24 July	Wollemi N.P. Upper Colo – Gees Arm North and Ferrari Trails Loop. Come enjoy the forests and views of the Upper Colo River. Some off track walking, a creek crossing and some steep descents (150m) and ascents (180m) finishing with 1.5km of fire trail.	12.5km Medium (inc 2.2km Hard Off-Track)	West end of Gees Arm North Trail 2.1km from Upper Colo Rd on Comleroy Road, Upper Colo. (Access via Putty Rd is good. Access via Kurrajong is slow and rough.)	Peter & Jenny
31 July	Waverton, Milsons Point, Blues Point, Sawmillers Reserve, Waverton Park, Balls Head Reserve, Berry Island Reserve, Gore Cove Track, Wollstonecraft and back to Waverton. Mostly harbour foreshore, some street walking, beautiful views and a secret garden! An easy Medium.	14 Easy/Medium	Waverton Station: NOTE – best parking for all day is in Balls Head Road near Woolcott Street.	Michael
7 Aug	Weekend away at Abernathy House, Hunter Valley			
14 Aug	Royal NP: Helensburg to Otford via Garawarra Farm and Port Hacking River. Come for a wander in the fabulous forests of Royal NP.	13km Medium	Otford Lookout, Lady Wakehurst Drive, Otford	Garry & Julie
21 Aug	Ku-Ring-Gai Chase NP – Mt. Murray Anderson. Fire trail then narrow bush track out past Arthur Trig and Mt. Murray Anderson to a panoramic lookout with views over Stingray Bay, Cowan Creek and Smiths Creek. Waratahs and multiple Aboriginal rock engraving sites.	11km return Medium	North end of Cullamine Rd Duffys Forest near gate to the Perimeter Trail.	Peter & Jenny
28 Aug	Golden Stairs to Mount Solitary- down Golden Stairs on Narrow Neck then 1hr to Ruined Castle turn off. Continue through Cedar gap then start climb up Knife edge to summit then down to Chainman's gully & Melville lookout. Then begin return journey after lunch. Several large ascents and descents.	16km Hard	Scenic World car park Katoomba	Justin & Wendy

Date	Walk	Km	Meeting Place	Contact
4 Sept	Garigal NP: Davidson to Killarney Heights via cascades: Start on the Cascade Track to the Cascades. Follow Middle Harbour Creek downstream on Middle Harbour Track to Davidson Picnic Area. Then walk under Roseville Bridge and along Flat Rock walking track to exit point to Killarney Drive.	14km Med	End of Killarney Drive, Killarney Heights. There will be a car shuffle to the start.	Justin & Wendy
11 Sept	Popran NP: Upside Down Cave then Emerald pool circuit. A terrific walk in the forests of Central Coast. Great views and rock formations, clear pools and spring flowers. A treat.	Med 15-16km	Mangrove Mountain store – corner of Waratah and Wiseman’s Ferry Rods, Mangrove Mountain. Then consolidate to a smaller number of cars.	Garry & Julie
18 Sept	Kings Cross Station to Anzac Bridge – urban ramble from the Cross, along the harbour, pass the Opera House, Quay, under the big bridge, Barangaroo, Darling Harbour, Pyrmont, Anzac Bridge, Fish Markets. Easy/Medium	14km	Kings Cross Train Station – Darlinghurst Rd. Bring Opal card for train/light rail	Michael
25 Sept	Blue Mtns: Blaxland to Springwood via Glenbrook Creek, Bullant Track, Kings Link and Magdala Tracks. Visits to Lost World and Bunyan lookouts. Lots of creek crossings, 4 climbs - 2 up & 2 down, all ~150m, 3 steep, 1 gradual. Medium (harder end)	12	Picnic Point Springwood. Car shuffle to start.	Dave & Val
2 Oct	Labour Day Weekend – no walk planned			
9 Oct	Brisbane Waters NP: Piles Creek circuit – a short walk with enough challenge to justify a GOURMET LUNCH afterwards. Aboriginal engravings, lookouts, rainforest, a swing bridge, waterfall. About 120m of descent and ascent. Medium. (and if you just wanted to come for lunch, you could always	5-6	Girrakool Picnic Area: Take Gosford/Woy Woy exit from M1. At 1 st intersection, turn left and at 1 st roundabout turn left again. Follow Pacific Hwy for 1.5km before turning left into Girrakool Rd. 600m to picnic area. Park entry fees apply.	Dave & Val
16 Oct	Brooklyn to Peak Hill and Porto Ridge - part of the GNW. Great views to the Hawkesbury & Broken Bay. Following a short-cut on the way out via some overgrown terrain to explore Porto Ridge and Peak Hill high above Brooklyn.	9km return Medium /Hard	Meet at Brooklyn in the parking area past the Marina buildings at the end of Dangar Road.	Peter & Jenny
23 Oct	Victoria Falls to Perry’s Lookdown via Blue Gum Forest– Start at Victoria Falls car park. Follow main path to the base of Victoria Falls. Follow the river downstream to Burra Korang Flats. Follow river downstream to confluence with Grose River. Follow the track to Perry’s Pass turnoff and then up Perry’s Lookdown. Several large ascents and descents.	18km Hard	Meet at car park near Perry’s Lookdown. Car shuffle to the start at Victoria Falls.	Justin & Wendy
30 Oct	Phegan’s Bay via Spion Kop to Point Clare This walk is a combination of scrambling, trail walking, step iron climbing over a rock face and tidal crossing.	15km Harder side of medium	Meet at the car park next to the Point Clare railway station. Car shuffle to the Cnr of Olive Ave and Woy Woy Bay Rd Phegans Bay, which is near the start point.	Justin & Wendy
6 Nov	Royal NP: Waterfall to Engadine via Kangaroo Creek. 300m ascent and descent	13km Medium	Preston Park, Engadine Ave, Engadine Bring Opal Card for train to Waterfall	Garry & Julie

Date	Walk	Km	Meeting Place	Contact
13 Nov	Epping Station to Gordon Station via Lane Cove NP. Enjoy an easy ramble along the Lane Cove River Valley finishing at Gordon Station. Lots of squawking cockatoos and tall forests.	14km Medium/Easy	Corner of Somerset and Derby St's Epping Bring Opal Card for return by train and Metro	Garry & Julie
20 Nov	A mainly flat urban circuit from Kissing Point (Putney) to Cabarita with great water views much of the way and a ferry ride to finish. Historic houses, the memorial walk to the Kokoda track, real estate developments! An easy Medium. (only tips to Medium due to length)	14km	Car park near Kissing Point ferry wharf, off Waterview St Putney. Bring Opal card for ferry trip	Dave & Val
27 Nov	Kuring-gai Chase National Park. Elvina Track (with in and out to aboriginal engraving) forest around Lovett Bay to Birnie Lookout to Towlers Bay Track. Medium	12km	Yulong Ave. Terrey Hills near water tank. Car shuffle to start	Michael
4 Dec	North Ryde RSL to Hunters Hill loop. Walk along the forests and mangrove of the Lane Cove River.	12km	Magdala Park, end of Magdala Road, North Ryde	Garry & Julie
12 Dec Sunday	Christmas Party		Fagan Park	

CONTACT DETAILS

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